

How to Sew a Fabric Mask

You will need:

4 pieces of fabric (2 exterior cut in mirror image and 2 lining cut in mirror image)

2 pieces of elastic

1 long scrap of fabric 1" tall and about 4" long

1 piece of floral wire approx. 4" long

1) Cut two mirror image pieces in your exterior fabric and cut 2 mirror image pieces of the lining fabric to your desired size (see pattern).

2) Cut two pieces of elastic for your mask. Referring to the pattern you are going to double the left hand size measurement (overall measurement of 3.25") for your desired size. This basically means that if you are making the largest mask which is the full 3.25" then you will double that ($3.25" \times 2 = 6.5"$) for each ear strap. So double the height of that measurement and multiply it by 2 for each ear. It also doesn't hurt to add a bit extra.



3) If you aren't using store bought bias tape cut a piece of fabric measuring 1" tall by about 4" wide.

4) Cut a 4" piece of floral wire.



- 5) Placing the exterior fabrics face to face, sew the curved side with a $\frac{1}{4}$ " seam allowance. Repeat with the interior fabrics.



- 6) Notch along the curve of the seam allowance so your mask will lay flat (not a necessary step). Then iron both your exterior fabrics and lining fabrics (not a necessary step).



Once turned right side out this is how your work should look. If you're still with me, move on. 😊



- 7) Setting your lining piece aside lay your exterior mask flat with the right side up. You are going to mark the sides $\frac{1}{4}$ " from the top and $\frac{1}{4}$ " from the bottom so you know where to tack on your elastic. Repeat for both sides.



- 8) Now that you have the markings you can tack on the elastic. Just make sure don't have any twists or turns in your elastic.



9) Pin/clip your lining and your exterior mask face to face. Then sew ($\frac{1}{4}$ " seam allowance) most of the way around leaving a hole gap to turn it.



10) Reaching your finger inside the turning gap, pull the mask right side out, then poke out the corners.



11) Top stitch around the entire mask with a slightly less seam allowance than $\frac{1}{4}$ " to ensure the turning gap is sealed.



12)

This step is to add the nose bridge. Take a piece of store bought bias tape or fold your 1" tall piece of fabric lengthwise and iron. Then fold one side in then the other and iron them both down. Then fold one side over about ½".



13)

Fold your wire in half making an A shape. Then fold the edges up again to round them. Making a shape like this:



14)

Straighten out your folded over wire and lay it next to your folded fabric/bias tape. You want to fold the other end of the fabric over just longer than your folded wire.



15)

Sew the nose bridge casing as close to the top of the mask as you can. Sew all around leaving a gap to insert the wire into. Once the wire is inserted sew the gap closed. Then trim excess thread and voila! Your mask is complete! ☺

